



Lewknor Church of England Primary School



PE Long Term Plan Cycle A

2024 – 2025

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS					
First PE Outdoor Adventures (Year 1)	Enjoy-a-ball Dance (EY)	Maypole Gymnastics	Football FUNdamentals Fitness	Tennis Word Moves	Athletics Multi-Skills
Key Stage One					
Ball Skills Outdoor Adventure (Year 1)	Ball Games Dance (GFoL)	Maypole Gymnastics	Football FUNdamentals Fitness	Tennis Kwik Cricket	Athletics Multi-Skills
Lower Key Stage Two					
Quicksticks Outdoor Adventure (Year 3)	Netball Dance	Maypole Multi-Skills Gymnastics	Football Fitness	Tennis Kwik Cricket	Athletics Rounders
Upper Key Stage Two					
Quicksticks Outdoor Adventure (Year 5)	Netball Dance	Maypole Multi-Skills Gymnastics	Football Fitness	Tennis Kwik Cricket	Athletics Rounders