

# Newsletter



Monday 17th December, 2018



# Christmas lunch was served up in the church this year thanks to Sam and Simon, who not only cooked everything but provided the food free of charge.

Our super FoLS team made sure the tables and benches, which were laid out with military precision, looked jolly and festive with matching crackers, tablecloths and cups.

Everyone agreed that the food was so much better this year and serving up in the church was a lot more manageable as there was more space to spread out.

Peter joined the rest of the staff for the lunch, which included turkey with all the trimmings. The adults were treated to home-made Christmas pudding and fresh cream while the children each had their own little treat box containing crispy buns, fruit and candy canes.



#### Headteacher's Welcome

#### THANK YOU SIMON, SAM AND FOLS FOR CHRISTMAS LUNCH



Above: The A Team! Peter with members of fabulous FoLS including Sam and Simon

Below: The children enjoy Christmas lunch in the church!



LEWKNOR C of E PRIMARY SCHOOL HIGH STREET LEWKNOR OXFORDSHIRE OX49 5TH Head Teacher: Mrs D Cole

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Top left: Miss Lawes and Theo

Top right: Peter and Kiran

Left: Peter, Kiran, Taylor, Mrs Wakefield, James and Freddie

Right: Charlie and Mrs Lomas

Bottom right: Laurence, Leah, Fred and Miss Harjette



Right: Sophia with Christmas lunch from mum and dad!









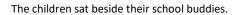










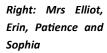


Top: Mylah Meira and Crispin

Above: Charlie and Noah Right: Bill and Georgie















Left: Zofia, Thea, Daisy and Cammie

Below: Poppy and

Olivia



Left: Freya with her buddy Tristan

Below left: Isaac

Below middle: Grace helps her buddy Lilly with her food

Below right: Jasmine and Mia













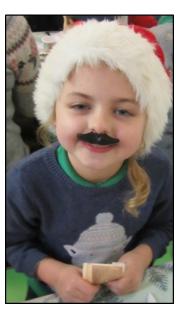














Top left: Chloe with her buddy Rubie

Top right: Devon

Middle row: Holly, Alex and Eva

Left: The team hard at work







### OUR HEAVENLY CHOIR SING AT CHINNOR'S HEMPTON BRIDGE CARE HOME FOR THE ELDERLY













Little angels: Some of the younger members of the choir—Rubie, Elexia-Rose, Poppy and Mia—who sang a number of Christmas songs and carols to the elderly residents







Left: Ellena and Sophie

Below: Freddie, Tara, Jasmine and

Ewan











The children took time to talk to all the residents after their performance and some even shared jokes. Our children were amazing – so polite, kind and patient.

Above left: Elliot

Above right: Elexia-Rose and Charlie

Left: Olivia and Daisy







Left: Heidi, Hattie and Thea tell some jokes





Above: Livvy, Eva and Scarlet



Above: Taylor







### School C of E Primary School







The Upper Juniors were invited to Mary Grace's house to decorate 250 biscuits.

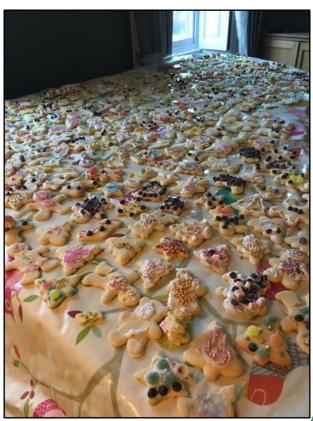
Bea's mum very generously wanted to give every child and member of staff at school a couple of 'cookies' to help celebrate Christmas.

So our children spent an afternoon last week putting the finishing touches by adding icing and a variety of decorations, including Jelly Tots and sparkly balls to each biscuit.

Once each biscuit had been decorated it was laid out on the baby grand piano (see photograph right).

The children had a lovely time and a big thank you to Mary Grace for inviting the children.

Watch out for our end of year newsletter, which will have some more lovely photographs of our nativity and Christmas disco.



**Mrs Cole** 





### Ideas for a 'healthy' lunchbox.....



A healthy packed lunch should include something from each of the four main food groups -

starchy carbohydrates (bread, rice, potatoes, pasta), fruit and vegetables, protein containing foods (meat, fish, eggs and beans), and milk and dairy foods – as well as a drink. Here are some ideas of items for each group:

#### **Starchy carbohydrates**

A sandwich/roll/wrap/pitta bread (trying using wholegrain varieties or 50/50)

Pasta/couscous/rice

#### **Protein filling**

Lean meat/chicken/turkey (add lettuce or tomatoes!)

Fish/tuna (add cucumber or peppers!)

Eggs

**Beans** 

#### Fruit and vegetables

Chop raw vegetable crudités such as carrot sticks which can be great for dipping in hummus

Fresh fruit (apple, grapes, banana, kiwi)

Dried fruits (raisins, apricots)

#### Dairy

Low fat yoghurt – plain or fruit (watch out for those high in sugar!)

Small pot of rice pudding

Low fat cheese slices

#### **Added extras**

Plain popcorn or reduced fat crisps

Sugar-free jelly pot

A plain biscuit

(There's nothing wrong with this, just try to make healthier choices when you can)

**Put in a drink** – It is important to stay hydrated, so give your child a bottle of plain water, plain milk (skimmed or semi -skimmed), or no added-sugar fruit juice

For complete lunchbox ideas and tips, visit: https://www.nhs.uk/change4life/recipes/healthier-lunchboxes





### Diary Dates

Diary dates for this academic year can also be found on the Lewknor Primary School website.

New or changed diary dates are highlighted in green.

#### 2018-2019

19th December Nativity afternoon performance at 1.30pm20th December Nativity evening performance at 6.00pm

21st December Non-uniform day in aid of FoLS (£1 donation per child)

21st December End of term - school finishes at 1.30pm

7th January Return to school

25th January Whole school trip to the Schools' Concert at the Sheldonian Theatre, Oxford

29th January Stay and learn session for Reception class parents

5th February Travelling Book Fayre (one week)

13th January Young Puzzlers (Children's Church) 10am at St Margaret's Church, Lewknor

18th January NCMP weights and measures (reception and year 6)

25th January Whole school trip to the Primary Schools Concert at the Sheldonian Theatre

7th February FoLS Community Concert fundraiser, St Margaret's Church at 6.30pm

10th February Young Puzzlers (Children's Church) 10am at St Margaret's Church, Lewknor

15th February Break up for half-term at 3.15pm

25th February Return to school

5th March School vision tests (Reception)

10th March Young Puzzlers (Children's Church) 10am at St Margaret's Church, Lewknor

25th March Bikeability Training (all year 5 children)
26th March Bikeability Training (all year 5 children)

28th March Year 6 trip to Junior Citizens
28th March Mother's Day posy making
TBC March Year 6 induction evening at ICC

29th March Mother's Day assembly 18th March Sport Relief Week

20th March Parent evening (3.30-5.00pm)
21st March Parent evening (5.00-7.00pm)
29th March Choir to visit Chiltern Grange

TBC March/April Cycling Proficiency training and test for Year 5

4th April Choir visit to Hempton Court

5th April Non-uniform day in aid of FoLS (£1 donation per child)

5th April Easter egg hunt

5th April End of term - school finishes at 1.30pm

14th April Young Puzzlers (Children's Church) 10am at St Margaret's Church, Lewknor

23rd April Return to school
26th April School open day
29th April Bag2School Collection

29th April Croft Farm meeting for UJ class parents (3.30-4.00pm)



# <sub>Ewknor</sub> C of E Primary Schools Diary Dates



#### 2018-2019 continued...

TBC April LJ swimming lessons (weekly on a Tuesday)

1st May May Day celebrations at 1.30pm

1st - 24th May End of KS1 (Year 2) SATS 13th - 17th May End of KS2 (Year 6) SATS week

12th May Young Puzzlers (Children's Church) 10am at St Margaret's Church, Lewknor

24th May Break up for half term—school finishes at 1.30pm

**TBC June Year 6 trip to IMPS** 

**TBC June** Puberty talks for years 5 and 6

1st June Sydenham Fayre 3rd June Return to school

3rd-7th June UJ residential trip to Croft Farm 7th June Class and whole school photographs

9th June Young Puzzlers (Children's Church) 10am at St Margaret's Church, Lewknor

10th-14th June Year 1 national phonics screening

12th June ICC buddying session for Year 6 children moving up to ICC

14th June Father's Day assembly

ICC budding session for Year 6 children moving up to ICC 19th June

22nd June **FoLS Fun Day** 

24th June New reception children induction (9.30am-midday) and parent briefing (9.30-10.30am)

24th June **Practice Sports day** 

26th June ICC buddying session for Year 6 children moving up to ICC

Year 6 outing (details TBC in due course) 26th June

28th June **Sports Day** 

**TBC July** IMPS fundraiser run by Year 6 children

1st July New reception children induction (9.15am-11.45am)

3rd, 4th & 5th July Transition days for Year 6 moving up to ICC

New reception children taster day including lunch (8.50-1.15pm) 5th July

5th July Whole school moving up day

10th July Dress rehearsal for KS2 production (1.30pm) 11th July KS2 production in the church (6.00pm)

12th July Reserve sports day

14th July Young Puzzlers (Children's Church) 10am at St Margaret's Church, Lewknor

19th July Non-uniform day in aid of FoLS (£1 donation per child)

19th July Year 6 leavers' assembly

End of term and school year—school finishes at 1.30pm 19th July

> Assemblies are held every Friday at 9.10am. Parents and members of the community are welcome to attend.





#### FREE SCHOOL MEAL ENTITLEMENT

From April 2015, the threshold figure which forms part of the tax credit free school meal eligibility category is £16,190.

Pupils whose parents/carers receive the following support payments are entitled to free school meals (assuming the parent does not receive Working Tax Credit). Under the current criteria, children who receive, or whose parents receive, one or more of the following support payments are entitled to receive free school meals and eligible for two-year-old funding:-

- Income-based and contribution-based Jobseekers Allowance or ESA on an equal basis
- Income Support
- Income-based Jobseekers Allowance
- Income-related Employment and Support Allowance
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income, as assessed by Her Majesty's Revenue and Customs, that does not exceed £16,190
- Guaranteed Element of State Pension Credit
- Where a parent is entitled to Working Tax Credit run-on (the payment someone receives for a further four weeks after they stop qualifying for Working Tax Credit).
- Support under part VI of the Immigration and Asylum Act 1999.
- Working Tax Credit, provided they have an annual gross income of no more than £16,190 per year (eligible for two-year-old funding only)
- Universal Credit

If you believe your child may be eligible to receive free school meals, please complete an application form and return it to the school office **as soon as possible**. Application forms can be downloaded from the school website or found in paper form in the letter rack at school. There is a very simple, confidential, process we can run through Oxfordshire County Council to check eligibility.



#### You shop. Amazon gives.

AmazonSmile is a website operated by Amazon with the same products, prices and shopping features as Amazon.co.uk

The difference is that when you shop on AmazonSmile, Amazon will donate 0.5% of the net purchase price (excluding VAT, returns and shipping fees) from your eligible AmazonSmile purchases to a charity of your choice.

If you would like help raise additional funds for our school via AmazonSmile, please visit <a href="https://smile.amazon.co.uk">https://smile.amazon.co.uk</a> and search for Lewknor School Educational Fund. Thank you!



SCHOOL INFORMATION

#### **PIANO LESSONS**

Michael Davies works in many Oxfordshire schools and has worked at Lewknor for several years.

Michael offers piano lessons and if your child is interested in learning to play, please contact him as follows:

07857 896600





If you would like to sign your child up for drum lessons with Terry Lucas at Lewknor School,







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### Friends of Lewknor School



Dates for your dian

Registered Charity No: 1045910

#### **DIARY DATES**

21st December 2018 Non-uniform day in aid of FoLS

(£1 voluntary donation per child)

7th February 2019 FoLS community concert (6.30pm)

5th April 2019 Non-uniform day in aid of FoLS

(£1 voluntary donation per child)

29th April 2019 Bag2School collection

1st June 2019 Sydenham Fayre (FoLS run a stall)

22nd June 2019 FoLS fun day (12-4pm)

28th June 2019 Sports day supported by FoLS who provide refreshments

19th July 2019 Non-uniform day in aid of FoLS (£1 voluntary donation per child)

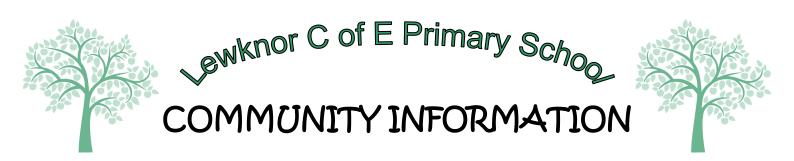


The 100 Club is an easy way for you to support the school (tickets are £1 each per month - so £12 for the year). We still have some numbers left so if you haven't already bought your tickets then there is still time! The more numbers you have, the more chances of winning. If you would like to buy more numbers or you have yet to buy some, please download a form from the school website.

### easyfundraising .org.uk

Don't forget that FOLS is registered with Easyfundraising. For more information, please click on this link:-

www.easyfundraising.org.uk/causes/friendsoflewknorschoolfols



#### **GRAPEVINE MAGAZINE**

The most recent publication of The Grapevine (Parish magazine for Lewknor) can be found by clicking on the link below:-

www.issuu.com/grapevinezine/docs



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