



Lewknor C of E Primary School Newsletter



Monday 13th May, 2019

RESILIENCE



Resilience is one of our school values and we teach the children to keep trying and to never give up. They may find some tasks challenging but if they work hard they will get there by the end of the day, the end of the week or by the end of the year—but they will get there. We teach the children that it is OK to make mistakes because that is how we learn—we learn through our mistakes. And what better way is there to demonstrate this value by showing these photos after Liverpool's stunning performance against the mighty Barcelona in the semi-finals of the Champions League. Liverpool, without some of their star players who were recovering from injuries, overturned a three-goal lead in the first leg by winning 4-0 at Anfield last week. Mrs Cole was over the moon!

Top: Every team player, whether they played on the night or not, are celebrated

Above: Mo Salah's message to his teammates

LEWKNOR C of E PRIMARY SCHOOL HIGH STREET LEWKNOR OXFORDSHIRE OX49 5TH

Head Teacher: Mrs D Cole

Telephone: 01844 351542 E-mail: office.3184@lewknor.oxon.sch.uk Website: www.lewknor.eschools.co.uk

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Above: Couldn't resist this one—the players face a jubilant Kop

Liverpool now face Tottenham Hotspur (Mrs Birch's team) in the Madrid final on June 1st. Tottenham also showed their amazing resilience last week when they had a sensational win against Ajax. At one time they were trailing 3-0 but Lucas Moura (seen below celebrating with his teammate Dele Alli) scored a hat-trick in the second half, which meant that Spurs won on away goals.

Mrs Birch and Mrs Cole are in agreement that no matter the final score, both teams are BIG winners because of their astonishing resilience.





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I should also mention Arsenal's and Chelsea's success as some of our pupils support these two teams. Through much hard work they have reached the final of the Europa League. Congratulations to them and good luck.

And finally, well done to Manchester City (see pic below) after winning the Premier League.



AFTER SCHOOL CLUB ARTISTS

I thought you would enjoy these photos of the children at After School Care Club. They were taken by Mrs Birch last month during the sunny spell.



Above: Georgina and Annabelle really focus on their painting



The children were given a cardboard box and told to design whatever they wanted to.

Charlie, see photo above, painted a swimming pool while Emilie, who is standing in the picture, designed a sunshine box for her baby sister.



A belated thank you to Daisy (see photo left) for her delicious Easter hamper of Hot Cross buns.

It was very kind of you to think of the staff. The Easter treat was greatly appreciated.



CHILDREN LEARN HOW TO LOOK AFTER THEIR MENTAL WELL-BEING



Above: Laurence and Ellena with their 'worry friends'

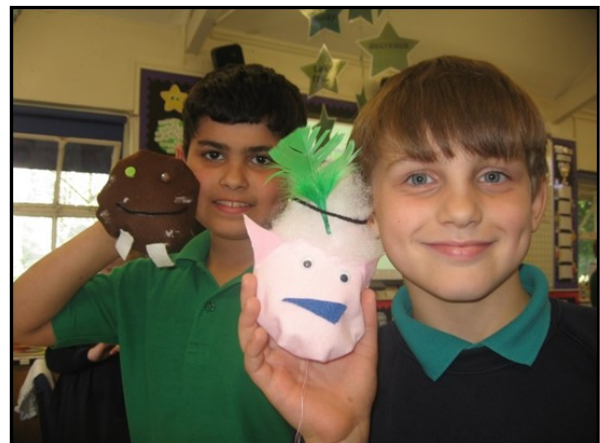
However, when we do worry it often helps to: talk to someone; keep busy—keep your mind active and learn new things; be sociable; eat healthily and exercise.

The children then passed on that message to the Lower Juniors class.

Mental well-being is very much in the news at the moment so we took the opportunity to invite an Oxfordshire charity called One Eighty to school.

One Eighty offers psychological behaviour support for families and children with complex needs, but when the charity's workers came to Lewknor they gave a more general talk about what strategies we can use if we ever worry over something.

The children in the Upper Juniors class were told that we all worry about things from time-to-time—that is perfectly normal.



Above: Tristin and Kiran



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The children enjoyed making 'worry friends' from felt and other art resources, and the Upper Juniors made a display, which can be seen in our Reflection Room.

However, when it came to the children discussing what worries they might have, it was good to hear that they agreed they were very lucky not to have too many serious worries.



Above: Zofia and Ewan



Above: Charlie and Saffy



Above: Clemmy and Bill



Above: James and Riley

Right: Jasmine and Jayden





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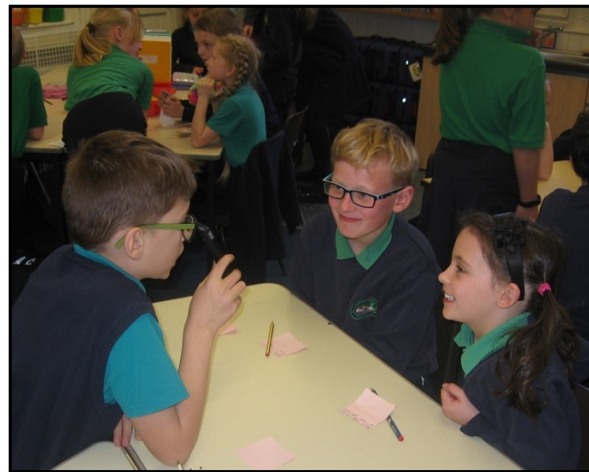


Left: Stanley and Noah

Below: Chloe, Grace and Freya



Left: Thomas and Honor



Left: Cameron talks to Laurence and Ellena

Below: Cameron with Callum



Left: Erin and Marie make their worry friend

Mrs Cole



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Friends of Lewknor School



Registered Charity No: 1045910



WE'VE LAUNCHED A LOTTERY

**Buy Your Tickets Today
To Help Our School**



- Lewknor C of E Primary School has launched a lottery!
- Tickets cost just £1 per ticket, per week and 40% of all ticket sales are donated to our school.
- A **GUARANTEED** cash prize to someone on our supporter list every week.
- A further chance of winning £25,000 in a separate draw **EVERY WEEK!**
- Draws are every Saturday at 8pm and results are posted online.

To start supporting, Visit:

www.yourschoollottery.co.uk/play

And Search For:

Lewknor C of E Primary School

Supporters must be 16 years of age or older.





Ideas for a 'healthy' lunchbox.....



A healthy packed lunch should include something from each of the four main food groups -

starchy carbohydrates (bread, rice, potatoes, pasta), fruit and vegetables, protein containing foods (meat, fish, eggs and beans), and milk and dairy foods – as well as a drink. Here are some ideas of items for each group:

Starchy carbohydrates

A sandwich/roll/wrap/pitta bread (trying using wholegrain varieties or 50/50)

Pasta/couscous/rice

Protein filling

Lean meat/chicken/turkey (add lettuce or tomatoes!)

Fish/tuna (add cucumber or peppers!)

Eggs

Beans

Fruit and vegetables

Chop raw vegetable crudités such as carrot sticks which can be great for dipping in hummus

Fresh fruit (apple, grapes, banana, kiwi)

Dried fruits (raisins, apricots)

Dairy

Low fat yoghurt – plain or fruit (watch out for those high in sugar!)

Small pot of rice pudding

Low fat cheese slices

Added extras

Plain popcorn or reduced fat crisps

Sugar-free jelly pot

A plain biscuit

(There's nothing wrong with this, just try to make healthier choices when you can)

Put in a drink – It is important to stay hydrated, so give your child a bottle of plain water, plain milk (skimmed or semi-skimmed), or no added-sugar fruit juice

For complete lunchbox ideas and tips, visit: <https://www.nhs.uk/change4life/recipes/healthier-lunchboxes>



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Diary Dates

Diary dates for this academic year can also be found on the Lewknor Primary School website. New or changed diary dates are highlighted in green.

2019

1st May	May Day celebrations at 1.30pm
1st - 24th May	End of KS1 (Year 2) SATS
13th - 17th May	End of KS2 (Year 6) SATS week
17th May	Year 6 trip to IMPS
24th May	Class photographs (brought forward from 7th June)
24th May	FoLS Film Night (details to follow)
24th May	Break up for half term—school finishes at 3.15pm
1st June	Sydenham Fayre (FoLS stall & judo demonstration at 2pm)
3rd June	Return to school
3rd-7th June	UJ residential trip to Croft Farm
4th June	Government Dental Survey for children aged 5 on the day
10th-14th June	Year 1 national phonics screening
12th June	ICC buddying session for Year 6 children moving up to ICC
13th June	Puberty talks for years 5 and 6
14th June	Father's Day assembly
19th June	ICC budding session for Year 6 children moving up to ICC
22nd June	FoLS Fun Day
24th June	New reception children induction (9.30am-midday) and parent briefing (9.30-10.30am)
24th June	Practice Sports day
26th June	ICC buddying session for Year 6 children moving up to ICC
26th June	Year 6 outing (details TBC in due course)
28th June	Sports Day



Assemblies are held every Friday at 9.10am. Parents and members of the community are welcome to attend.



Lewknor C of E Primary School

Diary Dates



2019 continued...



TBC July	IMPS fundraiser run by Year 6 children
1st July	New reception children induction (9.15am-11.45am)
2nd July	Whole school trip to Christchurch Cathedral
3rd, 4th & 5th July	Transition days for Year 6 moving up to ICC
5th July	New reception children taster day including lunch (8.50-1.15pm)
5th July	Whole school moving up day
10th July	Dress rehearsal for KS2 production (1.30pm)
11th July	KS2 production in the church (6.00pm)
12th July	Reserve sports day
17th July	UJ Class Trip to Rutherford Appleton Laboratory
18th July	Whole school walk to Chinnor and games
19th July	Non-uniform day in aid of FoLS (£1 donation per child)
19th July	Year 6 leavers' assembly
19th July	End of term and school year—school finishes at 1.30pm

Assemblies are held every Friday at 9.10am. Parents and members of the community are welcome to attend.



FREE SCHOOL MEAL ENTITLEMENT

From April 2015, the threshold figure which forms part of the tax credit free school meal eligibility category is £16,190.

Pupils whose parents/carers receive the following support payments are entitled to free school meals (assuming the parent does not receive Working Tax Credit). Under the current criteria, children who receive, or whose parents receive, one or more of the following support payments are entitled to receive free school meals and eligible for two-year-old funding:-

- Income-based and contribution-based Jobseekers Allowance or ESA on an equal basis
- Income Support
- Income-based Jobseekers Allowance
- Income-related Employment and Support Allowance
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income, as assessed by Her Majesty's Revenue and Customs, that does not exceed £16,190
- Guaranteed Element of State Pension Credit
- Where a parent is entitled to Working Tax Credit run-on (the payment someone receives for a further four weeks after they stop qualifying for Working Tax Credit).
- Support under part VI of the Immigration and Asylum Act 1999.
- Working Tax Credit, provided they have an annual gross income of no more than £16,190 per year (eligible for two-year-old funding only)
- Universal Credit

If you believe your child may be eligible to receive free school meals, please complete an application form and return it to the school office **as soon as possible**. Application forms can be downloaded from the school website or found in paper form in the letter rack at school. There is a very simple, confidential, process we can run through Oxfordshire County Council to check eligibility.

amazonsmile
You shop. Amazon gives.

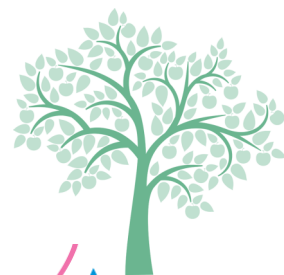
AmazonSmile is a website operated by Amazon with the same products, prices and shopping features as Amazon.co.uk

The difference is that when you shop on AmazonSmile, Amazon will donate 0.5% of the net purchase price (excluding VAT, returns and shipping fees) from your eligible AmazonSmile purchases to a charity of your choice.

If you would like help raise additional funds for our school via AmazonSmile, please visit <https://smile.amazon.co.uk> and search for Lewknor School Educational Fund. Thank you!



Lewknor C of E Primary School



SCHOOL INFORMATION

PIANO LESSONS

Michael Davies works in many Oxfordshire schools and has worked at Lewknor for several years.

Michael offers piano lessons and if your child is interested in learning to play, please contact him as follows:

07857 896600



OXFORDSHIRE COUNTY MUSIC SERVICE

Skills and enjoyment for life

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For information on instrumental/vocal lessons and ensembles, visit:

www.oxfordshire.gov.uk/musicinterest



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HaveFun
learn to
& Drum

If you would like to sign your child up for drum lessons with Terry Lucas at Lewknor School, please complete a Drum Lesson Interest Form which can be downloaded from the school website (Parents/Music Lessons) and return it to the school office.

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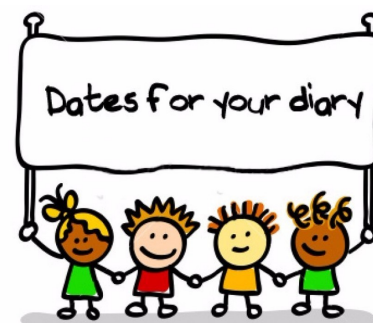


Friends of Lewknor School

Registered Charity No: 1045910

DIARY DATES

Every Friday	Ice Cream Sale at 3.15pm (Summer term only)
24th May	Film Night
1st June 2019	Sydenham Fayre (FoLS run a stall)
22nd June 2019	FoLS fun day (12-4pm)
28th June 2019	Sports day supported by FoLS who provide refreshments
19th July 2019	Non-uniform day in aid of FoLS (£1 voluntary donation per child)
TBC September 2019	FoLS Sponsored Walk (details to follow)



easyfundraising .org.uk

Don't forget that FOLS is registered with Easyfundraising. For more information, please click on this link:-

www.easyfundraising.org.uk/causes/friendsoflewnorschoolfols



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COMMUNITY INFORMATION



GRAPEVINE MAGAZINE

The most recent publication of The Grapevine (Parish magazine for Lewknor) can be found by clicking on the link below:-

www.issuu.com/grapevinezine/docs



www.ravenscroftsportsacademy.com

07928 591727

contact@ravenscroftsportsacademy.co.uk