

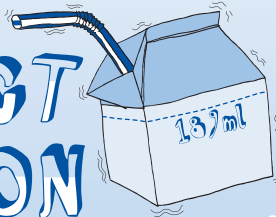
# Why school milk is great!

## EDUCATION

School milk can be used to teach children about where food comes from.



## PERFECT PORTION



Children receive the ideal serving of fresh, chilled milk delivered to their classroom.

## ACTIVITY



Drinking school milk fits into a healthy lifestyle and is one of the best ways to rehydrate after an active playtime.

## Interaction

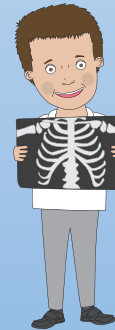
Taking five minutes to drink school milk provides important social time for children.



## Responsibility

Being involved in the school milk scheme can develop key skills including responsibility, independence, numeracy and manners.

## HEALTH

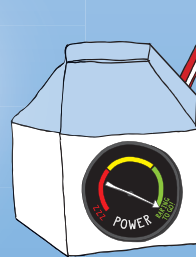
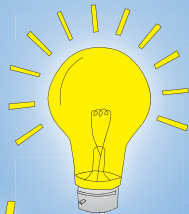


School milk contains essential nutrients including calcium, protein and vitamins to help children grow healthy and strong.



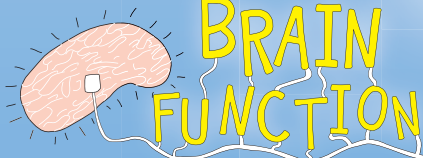
Children are given the opportunity to celebrate drinking milk and being healthy – whether that's a local competition or celebrating World School Milk Day with over 30 countries.

School milk is excellent for hydration, supporting brain function including concentration, memory and creativity.



## REFUEL

School milk boosts children's energy between breakfast and lunch, helping them to be ready to learn.



## Rewards

Children receive badges, certificates and stickers as part of the school milk scheme.

# Cool Milk

For more information and references go to [www.coolmilk.com/whyschoolmilk](http://www.coolmilk.com/whyschoolmilk)