

### Newsletter

Monday 3rd December, 2018



### NEW PHOTOGRAPHY CLUB STARTS SOON!

I am delighted to announce that we will be starting a photography club after school on Mondays from 7th January.

Professional photographer and mum Luarena will be running the six-week course, which will start straight after school and will end at 5pm.

The club will be open to children in Years 4, 5 and 6 only and there will be limited spaces so make sure you return your application form (which is attached to this newsletter) by Friday 7th December. Children will be notified by Wednesday 19th December.

The course costs £30. Children can either use their own digital camera or borrow one at school. If children bring their own camera to school we will make sure that it is kept safe throughout the day.



#### Headteacher's Welcome

#### **LEWKNOR CHOIR IMPRESSES BBC RADIO OXFORD**



Our whole school choir (see above) sang like angels when BBC Radio Oxford visited to record the children singing two Christmas songs: Silent Night and It's Beginning To Look A Lot Like Christmas. They impressed the producers at Radio Oxford so much that they got back in touch to tell us that our school was one of the best and could they come out and interview Miss Lawes and a pupil. You will be able to hear the carols and interview at 7.45am and 8.45am on Tuesday 18th December. Thank you to our choirmaster Miss Lawes for organising the event—the children had a great time as recording artists!



Above: The Upper Juniors classroom is turned into a recording studio

LEWKNOR C of E PRIMARY SCHOOL HIGH STREET LEWKNOR OXFORDSHIRE OX49 5TH Head Teacher: Mrs D Cole

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#### SWIMMING SUPERSTARS WIN RACE IN PARTNERSHIP GALA



Our school's swimming team had a whale of a time and swam as sleekly as sharks when they recently took part in a partnership swimming gala at Thame swimming pool. They even won one of the races—the mixed medley! Though Lewknor came fifth overall out of six schools, the team that came fourth only beat us by one point while the team that came third beat us by two points— it was so close! I thought the children did brilliantly considering we are the smallest school in the partnership, which also includes Watlington Primary, Chalgrove, RAF Benson, Stadhampton and Ewelme.

The children also took part in a mixed freestyle race and two wacky races, one of which included swimming while holding onto a range of apparatus then building a cannon and shooting the cannonball over the line!

The children worked fantastically well as a team, using some clever tactics, when they had to dive for rubber toys against the clock.

Well done to all the children - Elliot, Saffy, Erin, Marie, Jess, Ivy, Thomas, Elektra, Meira, Ralph, Leah and Tara.







### KINDNESS TREE HAS ROOTS IN RANDOM ACTS OF GOODWILL

Following our Friday celebration assembly on kindness (see photos right and bottom), the children have been making sure they participate in random acts of kindness among their friends.

Each kind act is celebrated in class and a laminated note, which explains each child's good deed, is attached to our kindness tree by the front door of the school (see Kiran and Charlie in the picture above).

I have noticed that the children have been: picking up three pieces of litter, telling jokes to make someone happy, telling someone they are happy to see them and writing thank you notes. This is just wonderful!





Mrs Birch showed her complete kindness to а stranger in a shopping centre car park. She had bought some extra mince pies and spotted a chap and asked him if he liked mince pies. When he said he did, she explained what we were doing at school and that she would like to give him some mince pies as a random act of kindness. He was thrilled!





#### **PUPILS RAISE CASH FOR CHARITY**

School received a lovely letter from champion diver Tom Daley thanking us for raising £683 for **Sport Relief**. We also received a certificate to display at school. The money raised will help vulnerable children in the UK and perhaps others who live tough lives in some of the world's poorest countries.

Our **Bags2School** campaign raised £60. Thank you to Fiona for organising this annual collection for FoLS.

And the children also raised £77.60 for the **Poppy Appeal** this year.

Thank you to everyone who donated to these very worthwhile charities.

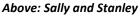


### CHILDREN MAKE CHRISTINGLES WITH HELP FROM MUMS AND GRANDMUMS

A big thank you to Ernestine, Sally, Dawn and Claire for organising the Christingle making this year. They helped every child at school to make a Christingle including some extra ones for the children at Krakatoa Pre-school.

Thanks also to Nicholas Keet for the kind donation of oranges. Mr Keet is a friend of Claire's and works as regional operations manager with the chain of restaurants called Turtle Bay. He ordered the oranges and went into Oxford especially to pick them up for us.





SEE NEXT WEEK'S NEWSLETTER FOR MORE PHOTOGRAPHS OF CHRISTINGLE INCLUDING SOME OF OUR VICAR PETER BEING A GOOD SPORT!



Right: Claire and Daisy







#### PANTO RAPUNZEL IS A HUGE HIT - OH YES IT IS!



Here's a lovely photo to get you in the mood for Christmas! The Upper Juniors are pictured with actors and actresses from the travelling theatre company The Panto Bus, who came to school last week to put on a performance of Rapunzel. The children thoroughly enjoyed the pantomime and joined in with much enthusiasm. The teachers thought it was our best visiting panto in recent years so we hope to invite them back in 2020 because next year we are planning to visit the panto in Oxford, which is a Lewknor tradition.

And it's a big thanks to FoLS who provide the funding for our pantomimes each year. The next FoLS events: Christmas dinner and the Christmas disco - fantastic fun!

Olivia's (Year 6) review of the panto can be seen on the next page.

#### **Mrs Cole**





#### Rapunzel, by The Pantomime Bus

#### The characters

Gothel (the witch), Rapunzel, Rio (the thief who saves Rapunzel), Wonder Wave (the fairy godmother who searched for Rapunzel), Tubby (the slave of Gothel), Ribbit (Rapunzel's best friend, a frog).

#### The plot

Gothel takes Rapunzel, who has healing powers. Gothel gets old and her powers are weaker, so she takes Rapunzel. Eighteen years later, Wonder Wave has been searching for Rapunzel all this time. Wonder teams up with Rio. Rio finds Rapunzel and as in every fairytale, they live – guess what – happily ever after (they got married).

#### Best bits

Tubby says, "I was playing hide and seek and I couldn't remember where I hid myself."

#### Favourite characters

My favourite character was Tubby because he was very funny – very, very funny. I also liked Rio because he was funny and the saviour of Rapunzel.

#### Any weak bits?

Perhaps the only weak part was that they could show Rapunzel returning to her parents. They could also have had Rapunzel kiss Ribbet (the frog) to see what happened. I would have liked to have seen what happened to the witch.

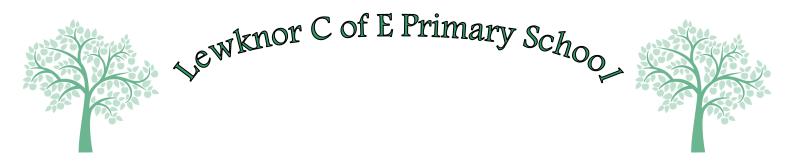
#### Hit or miss

I think it's a hit because they were all very good actors.

#### Rating (1-5)



Review by Olivia (Year 6)



### Ideas for a 'healthy' lunchbox.....



A healthy packed lunch should include something from each of the four main food groups -

starchy carbohydrates (bread, rice, potatoes, pasta), fruit and vegetables, protein containing foods (meat, fish, eggs and beans), and milk and dairy foods – as well as a drink. Here are some ideas of items for each group:

#### Starchy carbohydrates

A sandwich/roll/wrap/pitta bread (trying using wholegrain varieties or 50/50)

Pasta/couscous/rice

#### **Protein filling**

Lean meat/chicken/turkey (add lettuce or tomatoes!)

Fish/tuna (add cucumber or peppers!)

Eggs

Beans

#### Fruit and vegetables

Chop raw vegetable crudités such as carrot sticks which can be great for dipping in hummus

Fresh fruit (apple, grapes, banana, kiwi)

Dried fruits (raisins, apricots)

#### **Dairy**

Low fat yoghurt – plain or fruit (watch out for those high in sugar!)

Small pot of rice pudding

Low fat cheese slices

#### **Added extras**

Plain popcorn or reduced fat crisps

Sugar-free jelly pot

A plain biscuit

(There's nothing wrong with this, just try to make healthier choices when you can)

**Put in a drink** – It is important to stay hydrated, so give your child a bottle of plain water, plain milk (skimmed or semi -skimmed), or no added-sugar fruit juice

For complete lunchbox ideas and tips, visit: https://www.nhs.uk/change4life/recipes/healthier-lunchboxes





### Diary Dates

Diary dates for this academic year can also be found on the Lewknor Primary School website.

New or changed diary dates are highlighted in green.

#### 2018-2019

7th December Science Club Assembly

7th December Choir to visit Chiltern Grange

9th December Young Puzzlers (Children's Church) 10am at St Margaret's Church, Lewknor

14th December FoLS whole school Christmas lunch

14th December FoLS Christmas disco

14th December Choir to visit Hempton Field

19th December Nativity dress rehearsal at 1.30pm (reception and infant classes)

20th December Nativity at 6.00pm (reception and infant classes)

21st December Non-uniform day in aid of FoLS (£1 donation per child)

21st December End of term - school finishes at 1.30pm

TBC January Whole school trip to the Primary Schools Concert at the Sheldonian Theatre

7th January Return to school

25th January Whole school trip to the Schools' Concert at the Sheldonian Theatre, Oxford

29th January Stay and learn session for Reception class parents

5th February Travelling Book Fayre (one week)

13th January Young Puzzlers (Children's Church) 10am at St Margaret's Church, Lewknor

18th January NCMP weights and measures (reception and year 6)

7th February FoLS Community Concert fundraiser, St Margaret's Church at 6.30pm

10th February Young Puzzlers (Children's Church) 10am at St Margaret's Church, Lewknor

15th February Break up for half-term at 3.15pm

25th February Return to school

5th March School vision tests (Reception)

10th March Young Puzzlers (Children's Church) 10am at St Margaret's Church, Lewknor

25th March Bikeability Training (all year 5 children)
26th March Bikeability Training (all year 5 children)

28th March Year 6 trip to Junior Citizens
28th March Mother's Day posy making
TBC March Year 6 induction evening at ICC

29th March Mother's Day assembly 18th March Sport Relief Week

20th March Parent evening (3.30-5.00pm)
21st March Parent evening (5.00-7.00pm)
29th March Choir to visit Chiltern Grange

TBC March/April Cycling Proficiency training and test for Year 5

4th April Choir visit to Hempton Court

5th April Non-uniform day in aid of FoLS (£1 donation per child)

5th April Easter egg hunt

5th April End of term - school finishes at 1.30pm

14th April Young Puzzlers (Children's Church) 10am at St Margaret's Church, Lewknor

23rd April Return to school







#### 2018-2019 continued...

TBC April LJ swimming lessons (weekly on a Tuesday)

1st May May Day celebrations at 1.30pm

1st - 24th May End of KS1 (Year 2) SATS 13th - 17th May End of KS2 (Year 6) SATS week

12th May Young Puzzlers (Children's Church) 10am at St Margaret's Church, Lewknor

24th May Break up for half term—school finishes at 1.30pm

TBC June Year 6 trip to IMPS

TBC June Puberty talks for years 5 and 6

1st June Sydenham Fayre 3rd June Return to school

3rd-7th June UJ residential trip to Croft Farm
7th June Class and whole school photographs

9th June Young Puzzlers (Children's Church) 10am at St Margaret's Church, Lewknor

10th-14th June Year 1 national phonics screening

12th June ICC buddying session for Year 6 children moving up to ICC

14th June Father's Day assembly

19th June ICC budding session for Year 6 children moving up to ICC

22nd June FoLS Fun Day

24th June New reception children induction (9.30am-midday) and parent briefing (9.30-10.30am)

24th June Practice Sports day

26th June ICC buddying session for Year 6 children moving up to ICC

26th June Year 6 outing (details TBC in due course)

28th June Sports Day

TBC July IMPS fundraiser run by Year 6 children

1st July New reception children induction (9.15am-11.45am)

3rd, 4th & 5th July Transition days for Year 6 moving up to ICC

5th July New reception children taster day including lunch (8.50-1.15pm)

5th July Whole school moving up day

10th July Dress rehearsal for KS2 production (1.30pm)
11th July KS2 production in the church (6.00pm)

12th July Reserve sports day

14th July Young Puzzlers (Children's Church) 10am at St Margaret's Church, Lewknor

19th July Non-uniform day in aid of FoLS (£1 donation per child)

19th July Year 6 leavers' assembly

19th July End of term and school year—school finishes at 1.30pm

Assemblies are held every Friday at 9.10am. Parents and members of the community are welcome to attend.





#### FREE SCHOOL MEAL ENTITLEMENT

From April 2015, the threshold figure which forms part of the tax credit free school meal eligibility category is £16,190.

Pupils whose parents/carers receive the following support payments are entitled to free school meals (assuming the parent does not receive Working Tax Credit). Under the current criteria, children who receive, or whose parents receive, one or more of the following support payments are entitled to receive free school meals and eligible for two-year-old funding:-

- Income-based and contribution-based Jobseekers Allowance or ESA on an equal basis
- Income Support
- Income-based Jobseekers Allowance
- Income-related Employment and Support Allowance
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income, as assessed by Her Majesty's Revenue and Customs, that does not exceed £16,190
- Guaranteed Element of State Pension Credit
- Where a parent is entitled to Working Tax Credit run-on (the payment someone receives for a further four weeks after they stop qualifying for Working Tax Credit).
- Support under part VI of the Immigration and Asylum Act 1999.
- Working Tax Credit, provided they have an annual gross income of no more than £16,190 per year (eligible for two-year-old funding only)
- Universal Credit

If you believe your child may be eligible to receive free school meals, please complete an application form and return it to the school office **as soon as possible**. Application forms can be downloaded from the school website or found in paper form in the letter rack at school. There is a very simple, confidential, process we can run through Oxfordshire County Council to check eligibility.



#### You shop. Amazon gives.

AmazonSmile is a website operated by Amazon with the same products, prices and shopping features as Amazon.co.uk

The difference is that when you shop on AmazonSmile, Amazon will donate 0.5% of the net purchase price (excluding VAT, returns and shipping fees) from your eligible AmazonSmile purchases to a charity of your choice.

If you would like help raise additional funds for our school via AmazonSmile, please visit <a href="https://smile.amazon.co.uk">https://smile.amazon.co.uk</a> and search for Lewknor School Educational Fund. Thank you!



SCHOOL INFORMATION

#### **PIANO LESSONS**

Michael Davies works in many Oxfordshire schools and has worked at Lewknor for several years.

Michael offers piano lessons and if your child is interested in learning to play, please contact him as follows:







If you would like to sign your child up for drum lessons with Terry Lucas at Lewknor School,







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### Friends of Lewknor School

Registered Charity No: 1045910

#### **DIARY DATES**

14th December 2018 Whole school Christmas lunch provided by FoLS

14th December 2018 FoLS Christmas disco

21st December 2018 Non-uniform day in aid of FoLS

(£1 voluntary donation per child)

7th February 2019 FoLS community concert (6.30pm)
5th April 2019 Non-uniform day in aid of FoLS

(£1 voluntary donation per child)

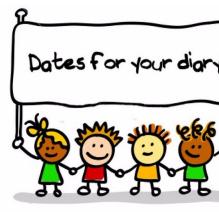
29th April 2019 Bag2School collection

1st June 2019 Sydenham Fayre (FoLS run a stall)

22nd June 2019 FoLS fun day (12-4pm)

28th June 2019 Sports day supported by FoLS who provide refreshments

19th July 2019 Non-uniform day in aid of FoLS (£1 voluntary donation per child)



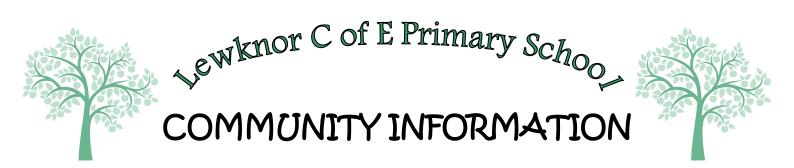


The 100 Club is an easy way for you to support the school (tickets are £1 each per month - so £12 for the year). We still have some numbers left so if you haven't already bought your tickets then there is still time! The more numbers you have, the more chances of winning. If you would like to buy more numbers or you have yet to buy some, please download a form from the school website.

### easyfundraising .org.uk

Don't forget that FOLS is registered with Easyfundraising. For more information, please click on this link:-

www.easyfundraising.org.uk/causes/friendsoflewknorschoolfols



#### **GRAPEVINE MAGAZINE**

The most recent publication of The Grapevine (Parish magazine for Lewknor) can be found by clicking on the link below:-

www.issuu.com/grapevinezine/docs



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