

# Lewknor C of E Primary School

## Long Term PE Plan 2017 – 2020

|               | Autumn 1   | Autumn 2   | Spring 1   | Spring 2       | Summer 1                       | Summer 2             |
|---------------|--|--|------------|----------------|--------------------------------|----------------------|
| Reception     | Fundamental skills and movement (throwing, catching) | Fundamental skills and movement (throwing, catching) | Dance      | Gymnastics     | Athletics<br>Dance             | Target Games         |
| Infants       | Invasion Games – Tag<br>Rugby                        | Hockey   | Gymnastics | Basketball     | Athletics<br>Dance             | Rounders             |
| Lower Juniors | Invasion Games – Tag<br>Rugby<br>Swimming            | Football Skills                                      | Hockey     | Cricket Skills | Athletics<br>Swimming<br>Dance | Rounders<br>Swimming |
| Upper Juniors | Netball  | Football Skills                                      | Hockey     | Cricket Skills | Athletics<br>Dance             | Rounders             |